

## SOCIAL MEDIA

### November: Week 1

*(Image: November Week 1.png)*

The most common baby first words include variations for parents such as “mama,” “mommy,” “dada,” “daddy,” and “papa.” After those, you can expect a wide variety of words to follow such as “no,” “uh-oh,” “please,” “ball,” “hello,” and more! What were your child’s first words?

Learn more about common first words:

<https://www.focusonyourchild.com/baby-first-words-list/>

#123connectwithme #first words #teachwords #parenting

### November: Week 2

*(Image: November Week 2.png)*

You can help your baby understand words, even if she can’t say them yet. Play games like Peek-a-Boo or Pat-a-Cake. Give her a toy and describe something about it, like “*Feel how fuzzy Teddy Bear is.*” Let her see herself in a mirror and ask, “*Who’s that?*” If she doesn’t respond, say her name. Ask your baby questions, like “*Where’s doggie?*” If she doesn’t answer, show her where.

Get more tips for teaching your baby how to talk at <https://www.zerotothree.org/resources/301-tips-on-learning-to-talk>

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### November: Week 3

*(Image: November Week 3.png)*

The best way to get your toddler to talk is by turning everyday activities into learning experiences. As they go about their day-to-day life, there is a wealth of knowledge and teaching opportunities for them to encounter. As your child plays, eats, or just hangs out, say the toys or objects that they are holding, seeing, or hearing. Once you get in the routine of labeling everything to them, have them repeat it back to you.

Visit <https://www.teachinglittles.com/teach-your-toddler-to-talk-language/> for more tips on teaching your toddler to talk.

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### November: Week 4

*(Image: November Week 4.png)*

When it comes to speech, the window of what's considered "normal" is wide open. Your baby could speak their first words as early as 7 months or as late as 18 months. Every child develops at his own pace. If you have any concerns about your child's language and speech development talk to your pediatrician or visit <https://helpmegrownebraska.org/parents-caregivers/questions-about-a-childs-development.html> for a referral.

#123connectwithme #languagedevelopment #firstwords #parenting