

GROWING HEALTHY BRAINS

EASY AS **123**

1 Read to me

2 Hold me close

3 Get fresh air



Positively connecting with your infant or toddler helps them grow healthier brains – read out loud, snuggle up, take in nature and soak up the benefits.

Discover new things together.

123
Connect
WITH **me**

Helping kids grow healthier brains.

123connectwithme.org

GROWING HEALTHY BRAINS

EASY AS **123**

1 Read to me

2 Hold me close

3 Get fresh air



Positively connecting with your infant or toddler helps them grow healthier brains – read out loud, snuggle up, take in nature and soak up the benefits.

Discover new things together.

123
Connect
WITH **me**

Helping kids grow healthier brains.

123connectwithme.org