



Helping kids grow healthier brains.

123connectwithme.org

SOCIAL MEDIA

April: Week 1

(Image: April Week 1.png)

Babies love — and learn from — repetition, so don't be afraid of reading the same books over and over. When you do, repeat the same emphasis each time as you would with a familiar song.

Learn more at: <https://kidshealth.org/en/parents/reading-babies.html>

#123connectwithme #ReadToMe #parenting

Tag: @BabyCenter

April: Week 2

(Image: April Week 2.png)

The more language a child hears – from reading books, talking and singing songs – the more words they have exposure to. The more words a baby hears, the stronger their cognitive development. Research shows that the quality and quantity of book reading in early infancy influences a child's vocabulary and early reading skills.

Learn more at: <https://firstbook.org/blog/2018/01/29/three-ways-early-reading-benefits-infants-development/>

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April: Week 3

(Image: April Week 3.png)

When you read together, encourage your child to turn the pages of the book. Starting at about 9 months old, babies can pick up small objects with the pointer finger and thumb, which aids them in beginning to grip and turn pages.

Learn more: <https://www.naeyc.org/resources/pubs/yc/jul2019/reading-with-babies-matters>

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Tag: @NAEYC

April: Week 4

(Image: April Week 4.png)

Research suggests that third-trimester babies not only pick up on language patterns, but after birth, they can recognize words they first heard in the womb. Prenatal reading is a wonderful way to kick-start healthy brain development!

Learn more: <https://cpl.org/born-to-read-reading-to-your-baby-in-the-womb/>

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