



Helping kids grow healthier brains.

[123connectwithme.org](https://123connectwithme.org)

## SOCIAL MEDIA

### October: Week 1

*(Image: Q4 Connect Kit Social Media – October – Week 1.jpg)*

Say cheese! Smiling helps babies and toddlers maintain positive emotions, which is important for social-emotional development. Watch how babies connect socially and emotionally with the smiling caregivers in their lives:

<https://www.zerotothree.org/espanol/social-and-emotional-development>

#123connectwithme #SmileBack #parenting

Tag: @ZEROTOTHREE

### October: Week 2

*(Image: Q4 Connect Kit Social Media – October – Week 2.jpg)*

Are you worried about how COVID-19 and face coverings will affect your baby's social development? Don't be! Take extra time for face-to-face interactions at home. Your baby will appreciate all the extra smiles.

<https://123connectwithme.org/wp-content/uploads/2020/09/October-Connect-Kit-Article.pdf>

#123connectwithme #babies #parenting #COVID19

**October: Week 3**

*(Image: Q4 Connect Kit Social Media – October – Week 3.jpg)*

Peek-a-boo! Your baby is learning from you when you interact and play. Take time for a game of peek-a-boo and pay special attention to your facial expressions and tone of voice.

<https://123connectwithme.org/wp-content/uploads/2020/09/October-Connect-Kit-Article.pdf>

*#123connectwithme #peekaboo #smile #parenting*

**October: Week 4**

*(Image: Q4 Connect Kit Social Media – October – Week 4.jpg)*

Help your child develop emotional communication skills by reading to them. Choose a book with different facial expressions and model them as you read. Here is a suggestion to get you started:

<https://librarymom.com/making-faces-a-first-book-of-emotions-by-abrams-appleseed-2017/>

*#123connectwithme #reading #parenting #smile*

*Tag: @LibraryMomBooks*