

SOCIAL MEDIA

August: Week 1

(Image: photo of baby with xylophone)

(File Name: Q3 Connect Kit Social Media – August – Week 1.jpg)

Let's play! Play helps children achieve their social, emotional, cognitive and physical development milestones. Keep track of your child's development milestones using CDC's Milestone Tracker app: <http://www.cdc.gov/MilestoneTracker>

#123connectwithme #play #milestonetracker #actearly

Tag: @CDC

August: Week 2

(Image: photo of kids by creek)

(File Name: Q3 Connect Kit Social Media – August – Week 2.jpg)

Tired of being cooped up inside? Take your child outside to play! Follow this link for 3 tips to encourage great nature play: <https://naturalstart.org/feature-stories/parent's-guide-nature-play>

#123connectwithme #play #playoutside #natureplay

Tag: @naturalstartalliance

August: Week 3

(Image: 123 Connect With Me bears playing blocks graphic)

(File Name: Q3 Connect Kit Social Media – August – Week 3.jpg)

There is nothing in the world your child would rather do than play with you! Here are some ideas for seasonal play activities that promote your child's development all year:

<https://www.zerotothree.org/resources/1090-a-year-of-play>

#123connectwithme #play #playwithme #parenting

Tag: @zerotothree

August: Week 4

(Image: photo of child and adult playing Legos)

(File Name: Q3 Connect Kit Social Media – August – Week 4.jpg)

As a parent, you have an important role in your child's play. This article offers 6 tips for being present as a parent and getting involved in your child's play: <https://afineparent.com/mindful-parenting/how-to-be-present.html>

#123connectwithme #playwithme #parenting #bepresent