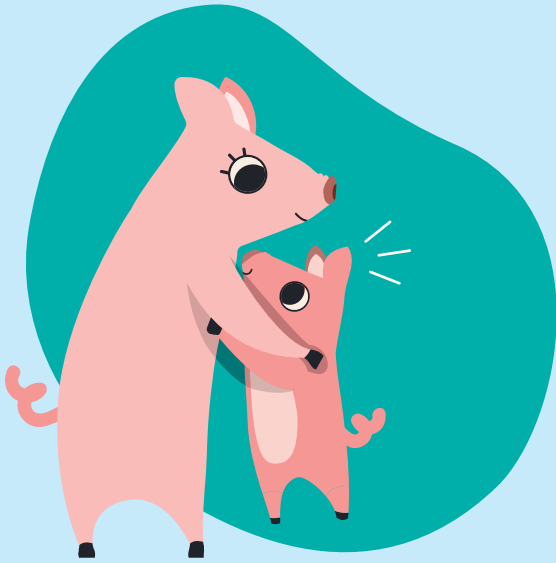


# GROWING HEALTHY BRAINS

EASY AS **123**



When you interact with kids ages 0-3,  
it helps build healthy brain connections.

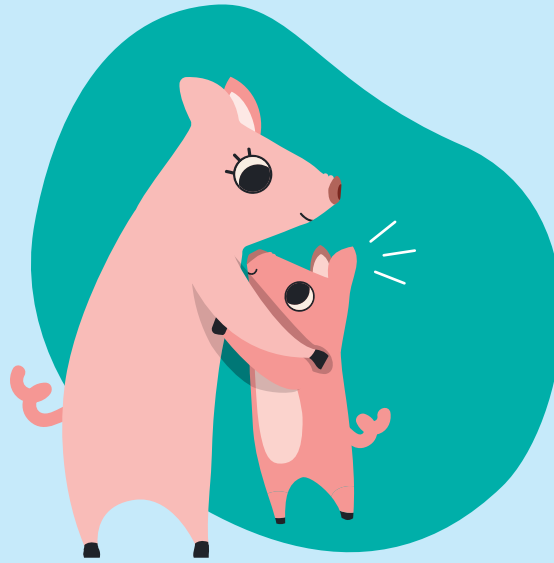
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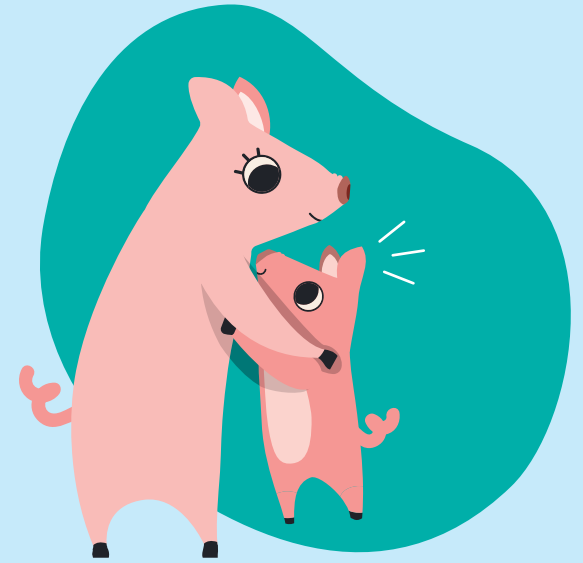
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# Let's Play & Connect

Early childhood matters.  
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Here are a few simple activities to  
incorporate into your everyday routine  
that will boost the development of  
children from birth to age three.

**1** Sing a song

**2** Play a game

**3** Give a hug

It's not the number of times you  
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Make your interactions with kids fun  
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